free declutter for a cause checklist

The month of February is Declutter for a Cause month, so join in and reap the benefits! You get to give back to a worthy cause **and** organize your belongings! Be sure you check out [the blog post](http://elfallyear.com/declutter-for-a-cause-how-to-get-started-free-download/) that goes with this checklist!

# decluttering the house

[ ]  Gather 3 baskets, bags, bins, or other containers.

[ ]  1 will be for trash or recyclables.

[ ]  1 will be for things that need to be put away in a different location of your home.

[ ]  1 will be for donations – things that will go to those less fortunate.

[ ]  You might want 1 container for things that need to be repaired, mended, fixed, or cleaned.

[ ]  You might want 1 container for things you plan to sell on Facebook Marketplace, Craigslist, Amazon, Etsy, or wherever you sell items.

[ ]  You might want 1 container for things that need to be returned to their owner. Library books need to go back to the library; keys need to be returned to their owners. (Maybe your neighbor lent you their key while they were away).

# decluttering the kitchen

[ ]  Is the food expired? Will you eat it before it expires?

[ ]  Will you eat this? Can you eat this item with your current diet?

[ ]  How long have you had this item?

[ ]  Will you use it in a meal? Will your family eat it?

[ ]  What would you make with this item if you had the ingredients?

[ ]  Does the store carry the other ingredients you need?

[ ]  What else do you need to make it a complete meal?

[ ]  When do you think you might cook this item?

# decluttering clothes

[ ]  Does this fit? Can you give it to a friend who it will fit?

[ ]  Do you wear this item? When was the last time you wore it?

[ ]  Does it need to be repaired? Is this something you can do today?

[ ]  Could someone else benefit from this clothing item more than you?

[ ]  Can you easily replace this item if you do not frequently wear it?

[ ]  Do you think you look good in this clothing item?

[ ]  Would you be happier if you sold this clothing item rather than stored it in your dresser or closet?