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| July |  |
|  | 2021 |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Thank someone for being who they are! | Send someone flowers! | Call a parent or grandparent just to say, Hi! 😊 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Celebrate this holiday with someone new! | Smile at someone new! 😊 | Buy the next person in line’s coffee and scone! | Donate toys to [a worthy cause](https://sharinglifeandlove.com/blog/love-others/)! | Pick up litter at your local park. | Compliment someone you don’t know. | Take on a [new volunteer opportunity](https://sharinglifeandlove.com/blog/love-others/). |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Donate old blankets to [an animal shelter](https://sharinglifeandlove.com/blog/snuggles-project-animal-shelters/). | Pay for a couples’ meal at a restaurant. | Let someone cut in front of you in line. | Help a person without them having to ask you first. | Pay attention when someone is talking to you! | [Send someone in the military a thank-you note](https://sharinglifeandlove.com/blog/writing-to-soldiers/). 😊 | Bake animal treats or cookies and take them to [your local animal shelter](https://sharinglifeandlove.com/blog/snuggles-project-animal-shelters/). |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Bake brownies for your neighbor. | Invite someone new to a party. | Donate food items to your local food bank or church. | Carry the groceries for the elderly. 😊 | Donate money to [your favorite charity](https://sharinglifeandlove.com/blog/love-others/). | Send someone a Thinking of You card! | [Send a care package](https://sharinglifeandlove.com/blog/how-to-write-a-soldier/) to a soldier stationed overseas! |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Donate old winter accessories to a homeless shelter. | Donate old pillows to [an animal shelter](https://sharinglifeandlove.com/blog/snuggles-project-animal-shelters/). | Mow your neighbor’s lawn. | Visit a nursing home. | Leave a thank-you note for your mailman! | Do something special for a loved one! 😊 |  |
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