



Enjoy Answering 101 Questions on a  
Successful Spiritual Marriage!

This worksheet accompanies the article entitled Top 25 Traits of a Successful Spiritual Marriage. Use these questions to strengthen your marriage. Work on them alone or together, or just use them as inspiration to start talking about the tough stuff in marriage.





# Spiritual Marriage Worksheet

## Top 25 Traits of a Successful Spiritual Marriage

### 1. Prioritizing God First

- Do you make God a priority?
- How do you put God first in your life?
- How can you do better?
- How would you characterize the godliness of your marriage?
- How can you start making God the central focus of your marriage?

### 2. Commitment to Spouse

- How do you show your commitment in your marriage?
- Can you take the word divorce out of your vocabulary?
- Can you stop threatening to leave your spouse, even when times are tough?
- How does your spouse show commitment to you?
- Is your spouse loyal?
- How do you show loyalty?





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## 3. Marital Expectations

- Are you happy with the division of responsibilities in your marriage?
- Do you have similar marital expectations to your spouse?
- Do you think the roles in your marriage are fair?
- What can you do to make sure you are both happy with your marital expectations?

## 4. Studying the Bible Together

- How do you study the Bible when you are alone or in a group?
- How can you study the Bible with your spouse?
- Have you tried to have a Bible study with your spouse?
- Have you been praying about this topic?





## 5. Prayer

- What is your prayer life like?
- Where do you need improvements?
- How can you add more prayer to your marriage?
- Do you and your spouse pray together?
- What do you pray for?

## 6. Honest Communication

- What is communication like with your spouse?
- How do you best communicate?
- Do you communicate with kindness?
- Do you show your spouse respect?
- How do you show understanding when you communicate?





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## 7. Appreciation

- How often do you tell your spouse you appreciate them?
- Do you take your spouse for granted?
- How do you show your appreciation in your marriage?
- How do you validate your partner's need for contribution?

## 8. Conflict Resolution

- How do you show your humble side in conflicts?
- How are you agreeable with your partner?
- Do you know when to let things go, or do you harp on past issues?
- How do you respect your spouse's point of view during disagreements?
- How do you show empathy during conflicts?
- When was the last time you gave in during an argument?
- When was the last time you freely apologized or offered forgiveness easily?





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## 9. Love

- How do you show your love in your marriage?
- Can you handle being not right all the time?
- Are you able to take the blame?
- Can you handle unexpected outcomes?
- How do you make your spouse feel like they matter?
- How can you better battle impatience?

## 10. Patience

- Do you treat your spouse with respect?
- How do you show patience?
- How patient are you?
- How will you improve your patience?





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## 11. Positivity

- How do you have fun with your spouse?
- How can you make your marriage more joyful?
- How can you best show positivity?

## 12. Trust

- Do you have trust issues?
- Do you have faith in your spouse?
- How can you improve upon your trust issues?

## 13. Support

- How do you show encouragement to your spouse?
- How are you supportive?
- How does your spouse show you support?
- Does your spouse encourage you?





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## 14. Friendship

- Is your spouse your best friend?
- Do you tell your spouse everything?
- How can you improve the friendship you have with your spouse?
- Are you open with your spouse?

## 15. Compromise

- What sacrifices do you make for your spouse?
- Do you compromise often?
- How do you compromise?

## 16. Spiritual Harmony

- Do you accept your spouse's beliefs?
- Have you shared your faith with your spouse?
- Do you trust God's plan for your life?
- What can you do to improve your spiritual life?







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## 17. Making Time for One Another

- How can you better connect with your spouse?
- How can you bond?
- Can you make more time for your spouse?

## 18. Shared Values

- Do you pray for your spouse?
- How can you be more receptive, open, and accepting?
- What are the top shared values between you and your spouse?
- What shared values would you like to have?

## 19. Faithfulness

- Do you avoid tempting situations?
- Are you doing your best to remain faithful to your partner?
- How can you keep your thoughts purer?





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## 20. Sex

- Do you make time for sexual intimacy with your spouse?
- How can you improve your sex life?

## 21. Intimacy

- How can you better keep the sparks alive?
- Could you be more affectionate with your spouse?
- Do you make time for your spouse?





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## 22. Listening & Understanding

- Do you listen to your spouse?
- What is your level of emotional intelligence?
- How can you improve your emotional intelligence?
- Do you show empathy with your spouse?
- How can you show your spouse you understand him or her?

## 23. Care and Compassion

- How can you better show kindness?
- How can you make more time to understand your spouse?
- Are you showing your spouse care and compassion?





## 24. Unity

- How can you better share your thoughts and feelings with your spouse?
- Could you be a better listener?
- How can you focus more on WE instead of ME?
- Do you freely love your spouse?

## 25. Trustworthiness

- How can you reduce the gossip in your life?
- Do you show your spouse respect in regards to his or her secrets?
- Are you a trustworthy person?





# Notes



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# Notes



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