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| --- | --- |
| May |  |
|  | 2021 |
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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Make someone else’s bed. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Send a note to someone you haven’t seen in a while. | [Fill up a box of toys and take them to a donation center](https://sharinglifeandlove.com/blog/declutter-for-a-cause-how-to-get-started-free-download/). | Hold the door open for someone. | [Leave a nice note for someone special](https://sharinglifeandlove.com/blog/top-25-traits-of-a-successful-spiritual-marriage/). | Say “Hello” to someone new. | Clean up a room you are not responsible for. | [Tell a friend everything you like about them](https://sharinglifeandlove.com/blog/how-to-build-a-spiritual-friendship-for-your-life/). |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Bake treats for your local police station. | Call a distant family member. | Spread positivity today! | [Create a vision board for you or someone you love](https://sharinglifeandlove.com/blog/declutter-for-a-cause-how-to-find-the-motivation-to-declutter/). | Draw a picture for someone to brighten their day. | [Clean up](https://sharinglifeandlove.com/blog/declutter-for-a-cause-how-to-get-started-free-download/) after someone else. | Send a card to [a friend or family member](https://sharinglifeandlove.com/blog/how-to-build-a-spiritual-friendship-for-your-life/)! 😊 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Leave a happy note in an unexpected place for a stranger. | Give a wave to someone who needs a smile. | Feed the birds. | Pay for someone else’s coffee. | Leave a sweet note in a library book (Don’t give away the ending)! | [Create a homemade card for a friend](https://sharinglifeandlove.com/blog/make-a-spiritual-friendship/). | Bring flowers to a co-worker. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Tip generously. | Make a card for someone new in your life. | Bake cookies for your mail carrier. | Give a smile to each new person you see today. | Give a nice compliment. | Make a thank you sign for your delivery person. | Leave a happy note around the house. |
| 30 | 31 |  |  |  |  |  |
| Give a tip to your local bus driver. | Pay for gasoline in someone else’s car. |  |  |  |  |  |